

## 1996 National Champions

### ROAD

#### ROAD RACE

Junior Women (57 km)	<b>Natacha TREMBLAY</b>	Team QC	1.48.38
Junior Men (114 km)	<b>Brendan GORMAN</b>	Espoir Laval	3.16.32
Senior Women (97 km)	<b>Susan Palmer-KOMAR</b>	ON	3.03.45
Senior Men (166 km)	<b>Steve ROVER</b>	Espoir Laval	4.21.42
Senior Men <23 (166km)	<b>Michael BARRY</b>	Velo Annemasse	4.21.45
Veteran A Men (114 km)	<b>Mariam PYSZCZEK</b>	Lifesport	3.14.07
Veteran A Women (76km)	<b>Linda SIMONSEN</b>	Rip N Hammer	2.43.15
Veteran B Men (95 km)	<b>Olav STANA</b>	Spoke n'Motion	2.35.30
Veteran C Men (76 km)	<b>Roger SUMNER</b>	BC Bicycle Plus	2.17.58
Veteran D Men (57 km)	<b>Dean MURRAY</b>	ON Master	2.23.27

#### TIME TRIAL

Junior Women (20 km)	<b>Erin CARTER</b>	MB	0.35.52
Junior Men (40 km)	<b>Daniel FORTIN</b>	QC	1.00.05
Senior Men (40 km)	<b>Eric WOHLBERG</b>	Shaklee	0.53.28
Senior Men <23 (40 km)	<b>Mark WALTERS</b>	Ind	0.54.04
Senior Women (40 km)	<b>Linda JACKSON</b>	Timex-Cannondale	0.57.23
Veteran A Men (40 km)	<b>John JOHNSTON</b>	Cycle Performance	0.57.46
Veteran B Men (40 km)	<b>Olav STANA</b>	Spoke n'Motion	0.56.33
Veteran C Men (40 km)	<b>Gary ROMKEY</b>	Ottawa Bicycle Club	1.01.05

#### CRITERIUM (50 km)

Junior Men	<b>Bernard MATHIEU</b>	QC Action Velo+	1.13.10
Junior/Senior Women	<b>Karen HERZERNBERG</b>	ON ZiggyCycle	1.20.10
Veteran	<b>Craig BURGE</b>	West QC Wheelers	1.10.56
Senior Men (75 km)	<b>Peter WEDGE</b>	Espoir Laval	1.45.32

### TRACK

#### 200 Meters

Junior Women	<b>Erin CARTER</b>	MB	13.50
Junior Men	<b>Jonathan TREMBLAY</b>	Team QC	12.53
Senior Women	<b>Lori-Ann MUENZER</b>	ON	12.28
Senior Men	<b>Doug BARON</b>	AB	11.276

#### 500 Meters

Junior Women	<b>Erin CARTER</b>	MB	41.447
Senior Women	<b>Lori-Ann MUENZER</b>	ON	38.567

#### 1000 Meters

Junior Men	<b>Alistair HOWARD</b>	Team BC	1.15.454
Senior Men	<b>Doug BARON</b>	AB	1.09.449

#### Olympic Sprint

Junior Men	<b>TREMBLAY MATHIEU GAUTHIER</b>	QC	1.12.242
Senior Men	<b>CAMERON BRUNEAU</b>	BC	1.08.371

## HAMON

### Points Race

Junior Women (20 km)	Cybil DIGUISTINI	Team BC	34
Junior Men (25 km)	Marc Andre LEBEAU	Team QC	14
Senior Women (25 km)	Mandy POITRAS	Team BC	45
Senior Men (40 km)	Tim HATFIELD	Team ON	59

### Team Pursuit

Junior Men	HOLT; HOWARD WERNER; LISTER	BC	5.04.145
Senior Men	HENSEN; RENDALL BOUDREAU; HATFIELD	ON	4.37.697

### Individual Sprints

Junior Women	Erin CARTER	MB	13.880
Senior Women	Lori-Ann MUENZER	ON	13.449
Junior Men	Bernard MATHIEU	QC	13.019
Senior Men	Doug BARON	AB	11.401

### Individual Pursuit

Junior Women	Cybil DIGUISTINI	BC	2.44.281
Senior Women	Mandy POITRAS	BC	4.07.102
Junior Men	Alistair HOWARD	BC	3.44.098
Senior Men	Chris RUBALIAK	AB	4.50.753

## MOUNTAIN BIKE

### Downhill

Junior Women	Andrea KRAFT	ON	7.34
Junior Expert Men	Joe BAUCKHAM	ON	6.30
Senior Pro-Elite Men	Andrew SHANDRO	BC	6.15
Senior Pro-Elite Women	Elladee BROWN	BC	6.49
Veteran Expert Men	Bill MANDRYCK	BC	6.41
Master Expert Men	Mike PAYNE	BC	7.05

### Cross Country

Cadet Women	Alyssa RITCHIE	AB	0.49.01
Cadet Expert Men	Dustin ADAMS	BC	1.23.37
Junior Women	Carrie TUCK	AB	1.05.11
Junior Expert Men	Pascal BEAUCHEMIN	QC	2.18.57
Senior Men <23	Roland GREEN	BC	2.22.39
Senior Pro-Elite Men	Martin VALE	BC	2.25.30
Senior Pro-Elite Women	Allyson SYDOR	BC	1.53.08
Veteran Expert Men	Peter LAWRENCE	AB	2.19.26
Veteran Expert Women	Joan JONES	BC	1.51.13
Master Expert Men	Andrew SEARY	BC	1.25.55